



E-Bulletin - August 2009

Welcome to August's E-Bulletin and happy summer holidays.

This is the last E-Bulletin in this format! Don't worry you will still be receiving the same E-Bulletin content but in a new e-news format. We will shortly be launching our great new interactive website which I will be sending the E-Bulletin from. Not only will you be able to subscribe easily online to the E-Bulletin but you you will also be given the choice of other news - such as Older people, BME (Black Minority Ethnic) and Children and young people.



Please re-subscribe to the E-Bulletin and other news on our new website - I will send details to everyone when it is launched.

If you would like an article to be included in the next T3SC E-Bulletin the **deadline is 25 August** and it will be sent out at the beginning of September. Please send any items to Hannah Powell.

If you would rather view the E-Bulletin online and flick between pages go to: www.t3sc.org/August09E-Bulletin-contents.htm

Please don't print this PDF unless you really need to.

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News

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Does your group offer a quality service?

How do you know if your group is delivering a quality service, and how do you prove it to your funders and members?



One of the ways you can prove it is to introduce PQASSO into your organisation. PQASSO is a practical quality assurance system for small organisations. Don't let the words put you off it's actually quite easy to put into place and it's a good quality mark to have to prove to your stakeholders that you can manage your group well and that your group provides a quality service.

Most funders (including Tameside Council) recognise PQASSO as being a good quality assurance system. The Charity Commission has also recently announced its endorsement of the PQASSO Quality Mark. Dame Suzi Leather, Chair of the Charity Commission, was 'delighted to welcome the PQASSO Quality Mark to our growing family of endorsed quality standards'. Organisations that achieve the PQASSO Quality Mark at levels 2 and 3 will be able to use the Charity Commission's Charity Quality Standards stamp confirming that they are accredited by standards that meet the Hallmarks of an Effective Charity.

T3SC is offering FREE support to groups on a one to one basis so that you understand it and can begin putting it in place.

If you would like more information about PQASSO or would like to meet up for a chat then please give Ruth Madden a call on 0161 339 4985 or email ruth.madden@t3sc.org

You need a Flu Friend

H1N1 swine flu continues to spread across the UK, with an increasing number of cases daily. This rate of transmission is likely to increase still further. It is therefore vitally important that everyone chooses their own flu friends as soon as possible.

Flu friends are relatives, neighbours and friends who will collect medicines, food and other important supplies for you (including antiviral drugs) if you contract swine flu. People with swine flu should stay home, so having a support network to purchase your essentials is very important. They will form a vital lifeline for you if



you do fall ill.

The best people to serve as flu friends are neighbours, friends and relatives who live near you, people who could easily collect antiviral medications for you, and who you would be happy to share your personal health details with. Of course, your flu friends could fall ill themselves. You should therefore have more than one, up to about three or four is recommended.

In addition, you could consider yourself becoming a flu friend to a vulnerable individual such as an elderly or disabled person who lives alone in your area.

If you cannot identify a flu friend, local groups are setting up flu friend networks. Community groups, faith groups and voluntary organisations are all involved, phone the local council for details or visit the following websites:

- For Tameside: www.tameside.gov.uk/libraries/index.html
- For Glossop: www.highpeakcvs.org/database/index.asp

Everyone should take the following steps as soon as possible:

1. Identify your flu friends and check that they are happy to help you.
2. Complete the flu friend form as soon as possible and keep it in a safe place e.g. on the fridge or by the phone.

 www.t3sc.org/August09E-Bulletin-News.htm

3. Think about neighbours who may live alone or family members that might need help and offer to be their flu friend.

You will need the first and last name from your flu friend in order to collect antiviral medication from a pharmacy or antiviral collection point on their behalf. You and your flu friend will be given the details of the pharmacy or antiviral collection point which is where the flu friend will need to collect the antiviral medication.

Public Health Director Melanie Sirotkin says 'As swine flu hits Tameside and Glossop it is hugely important for people to support one another. People with the flu should stay indoors, so they will need other people for the provision of both anti-viral drugs and basic supplies like food and drink. The best way for people to build up that support is to identify their flu friends as soon as they can with the forms which will be available from a variety of public places. If you can identify a vulnerable person in your community and volunteer as their

flu friend, you will be a massive help both to them and the community as a whole.'

For more on Swine flu see our Swine Flu information page:

www.t3sc.org/swineflu.htm

Jobs in the local voluntary and community sector

The T3SC jobs page of third sector jobs www.t3sc.org/jobs2.htm currently has a number of exciting positions. Positive Steps Oldham are looking for a 3rd Sector Community Networker, the Church of England require a Community Development Worker in Salford there are two job opportunities at GMCVO and a Sustaining Change Development Officer opportunity at MERCi. The Jobs page is constantly updated so keep checking it. If you want to advertise a voluntary and community sector job on our jobs page please email hannah.powell@t3sc.org

There's a buzz around St Peter's

St Peter's Partnerships have an exciting initiative with Tameside Radio

The Partnership have agreed to sponsor the hugely popular 'Tameside Today' programme, presented daily on 103.6FM by Andy Hoyle.

The sponsorship will take the form of a series of adverts for Greenscape, Safeguard It, SPY (St Peter's Youth), St Peter's Community Development and St Peter's People. They will feature the voices of The Bradshaws - Alf, Audrey and Billy - the creations of local man Buzz Hawkins who has recorded the voiceovers especially in



support of this local charity.

Fans of The Bradshaws can log onto Buzz's website to keep up to date with their latest goings-on at www.thebradshaws.biz

Topaz Well Being centre temporary cafe closure

Closes 3pm, Friday 24 July

Reopens 10am, Monday 17 August



From customer feedback we have received we are aware that the cafe needs to be a bit roomier and reception needs to be a bit more private. To achieve these improvements we regret that the ground floor, including the cafe, will be closed from Friday 24 July and will reopen Monday 17 August.

Please note that counselling, drop-ins and 121 appointments will be running as usual during this period.

We thank you for your patience and hope that the re-designed premises will be worth waiting for.

Open for the weekend events

'Get sorted for the weekend' was the slogan for Tameside's contribution to an important government initiative led by the Department for Children, Schools and Families.

The government encouraged all local authorities to open all youth facilities the weekend of 10-12 July so that teenagers could be involved in positive activities. This will enable



them to know where the clubs are, what they offer and hopefully see them doing loads of positive things over the summer holidays. The Department for Children, Schools and Families said Tameside's programme was one of the strongest offers in the country.

Over 40 events were organised, with over 1000 young people taking part! It was a real collective effort led by Tameside Youth Service in partnership with many voluntary sector organisations, community safety, police, patrollers, fire service, Branching Out, church groups and scouts. The activities included a beach party, ice-skating in the sun, Duke of Edinburgh Expedition, discos, teen-gym, sports, sports, comedy night, barbecues, cycling, orienteering, indoor winter Olympics and much more! The young people (and staff) involved had a great time. This is just the start of a wonderful summer programme.

For more information go to www.tameside.gov.uk or phone Sue Nathan on 0161 336 6615

Support for key community organisations in the North West

bassac is offering a range of support services to key community organisations in the North West and across the country. Inclusive community-run organisations that provide a range of services in their community are eligible for membership and the resulting benefits that can bring. bassac has recently appointed Anton Schultz as regional manager for the north west and we are now keen to make contact with community organisations in the region that could benefit from support.

Current programmes of work include:

- **Collaboration:** - providing resources, skills, and consultation support to facilitate effective collaborations within the voluntary and community sector.
- **Impact:** - support and resources to help organisations measure and develop the impact they are having on their community.
- **Voice:** - supportive work to increase the influence of communities and community organisations through campaigning and advocacy.
- **Sustainability:** - support and resources for members to increase their sustainability, and reduce their environmental impact.
- **Leadership:** - learning programme and resources developed to help prepare people for positions of leadership.

We are continually developing new programmes in response to our members needs, so please check our website for more information.

bassac is a membership body for key community organisations that has been successfully supporting members and influencing policy on their behalf for almost 90 years. Members benefit from specific one-to-one organisational support, access to events and networking opportunities, a policy voice at a national level, and access to a wide range of resources and information.

If you are interested in finding out more about bassac, and how your organisation could benefit by becoming a member, please get in touch for an informal chat or visit our website: www.bassac.org.uk

National third sector information and resources

- **Consultations**
- **Launch of PROMiSE NW**
- **Finding and recognising young achievers**
- **Britain's Kindest Kid 2009**
- **The Combine Harvester**
- **Bringing empty properties back to life**
- **Code of engaging with offenders**
- **Third Sector monitoring - new guidance**
- **Campaign Central**
- **Personalisation briefings**
- **Big Religion Chart**
- **Cranfield Trust**

Consultations

Consultation on the Right to Control

The Office for Disability Issues has launched a consultation to ask disabled people how to make choice and control a reality in their lives.

Closing date: 30 September.

<http://bit.ly/righttocontrol> or www.odi.gov.uk

Government proposals on a social investment bank

The Office of the Third Sector has just published a consultation on proposals for the design and functions of a potential Social Investment Wholesale Bank. The results will feed into the development of substantive proposals for such a bank which could help enable third sector organisations to access the finance they need to grow and become more sustainable.

www.charityfinance.co.uk/home/content.php?id=3029

Closing date: 7 October.

Researching councils duty to involve

From April 2009 local authorities have had a duty to inform, consult and involve local citizens. Urban Forum is carrying out research to find out how they are meeting the requirements, and how they may be including community groups. Online questionnaire

www.urbanforum.org.uk/duty-to-involve/duty-to-involve-research

Closing date: 7 August.

Equality Bill: Making it work

The Government Equalities Office is consulting on proposals for a legal ban on age discrimination. www.equalities.gov.uk/whats_new.aspx

Closing date: 30 September.

Launch of PROMiSE NW

Voluntary Sector North West (VSNW) has launched a new network for third and independent Sector Providers of Mental Health Services: PROMiSE NW.

It will be co-ordinated by VSNW as part of NHS North West's Mental Health Improvement Programme (MHIP) www.vsnw.org.uk/noticeboard/?id=181

Finding and recognising young achievers

The Young Achievers award scheme to recognise young volunteers (16 to 25) in community, arts, environment and sport is open for nominations.

www.youngachievers.co.uk

Closing date: 27 September.


Britain's Kindest Kid 2009

Five News and Charities Aid Foundation are in search of Britain's Kindest Kid 2009. The competition rewards charitable work by children aged 16 and under. They are looking for children who have done amazing things to support charities, help others and make the world a better place.

www.cafonline.org/bkk

Closing date: 17 August.

The Combine Harvester

The latest issue of The Combine Harvester is out now and the PDF version can be downloaded from 

www.gmcvo.org.uk/?q=node/1503



The quarterly email newsletter of Combine (Greater Manchester Community Buildings Network) is full of information and resources for anyone involved in community places and spaces. This month includes the latest funding news and a plethora of useful websites and practical tips.

Bringing empty properties back to life

A new website has been launched by a project that aims to help community groups bring empty housing back into use, at: <http://self-help-housing.org>

It has information on how to get organised, how to get hold of and borrow empty properties from their owners, funding, repairs and how to turn renovating properties into a training opportunity.

Code of engaging with offenders

A Code of Practice 'Engaging the perspectives of offenders and former offenders' has been produced by a coalition of organisations including Clinks, Revolving Doors Agency, Nacro and the Howard League for Penal Reform. It provides guidance involving offenders appropriately and safely in your work.

PDF  www.clinks.org/downloads/publications/clinkspubs/090610ClinksCodeWeb.pdf

Third Sector monitoring - new guidance

The National Audit Office and the Office of the Third Sector (OTS) have published new guidance on monitoring, designed to help government bodies reduce the reporting burden on the third sector organisations they fund.

- 'Intelligent Monitoring' (National Audit Office):
<http://bit.ly/intelligentmonitoring> or www.nao.org.uk
 - 'Principles of Proportionate Monitoring' (OTS):
<http://bit.ly/proportionatemonitoring> or www.cabinetoffice.gov.uk
-

Campaign Central

Campaign Central is a new website from the Sheila McKechnie Foundation, which aims to connect, support and inform campaigners.

www.campaigncentral.org.uk

Personalisation briefings

Social Care Institute for Excellence briefings for providers and commissioners on the implications and opportunities offered by the personalisation agenda.

www.scie.org.uk/adults/personalisation.asp

Big Religion Chart

A summary of more than 40 of humanity's religions and beliefs on the Religion Facts website. www.religionfacts.com/big_religion_chart.htm

Cranfield Trust

The Cranfield Trust provides project management support to the not for profit sector. Its volunteers are professionals from the commercial sector who donate their time and expertise to help charities with management issues.

www.cranfieldtrust.org

Funding

- **Funding Bulletin**
 - **More funding news**
 - **Tender opportunities**
-

Funding Bulletin

Our July and August 09 Funding Bulletin is available at 

www.t3sc.org/August09E-Bulletin-Funding.htm

To look through archived funding bulletins go to our funding page: www.t3sc.org/funding2.htm. It also contains factsheets on completing applications and themed funding guides for children and young people, older people and buildings amongst others.

If you are looking for funding and can't find exactly what you are looking for here, we have the FunderFinder and GRANTFinder database at T3SC which you are free to use. Or you could use our Resource Room to fill in your application form, have a cup of tea, use the excellent resources and get some support.

T3SC (Tameside 3rd Sector Coalition), St Michael's Court Stamford Street

Ashton OL6 6XN, Tel: 0161 339 4985, email: hannah.powell@t3sc.org

More funding news

Funding Central website

Funding Central is a free smart website for the whole voluntary and community sector, including social enterprise, providing access to thousands of funding and finance opportunities, plus a wealth of tools and resources supporting organisations to develop sustainable income strategies appropriate to their needs. www.fundingcentral.org.uk

Open Up Initiatives Scheme

Mind is seeking applications to its Open Up Initiatives Scheme. The aim of Open Up is to give a voice to people with experience of mental distress by enabling them to work together to take action against mental health discrimination.



For better
mental health

As well as providing financial support, it offers access to resources, training and the opportunity to link with others. Two projects will be selected within each England region and an average of £2,500 will be available per project to cover expenses.

Closing date: 15 August. www.open-up.org.uk

Hardship Fund

Office of the Third Sector has announced that the Hardship Fund will be delivered by the Community Development Foundation. Grants of between £50,000 and £250,000 will be available to organisations with a turnover of at least £200,000 that are in financial hardship which is impacting on their ability to deliver services in the following areas: health and social care; housing support; education and training; information, advice and guidance. The fund will be open from the end of July, you can register your interest by emailing hardshipfund@cdf.org.uk

GlaxoSmithKlein (GSK) Impact Awards

GSK's IMPACT Awards are now open for applications. If you are a health charity seeking core funding go to

www.kingsfund.org.uk/gskimpactawards

Closing date: 25 September.

Children England small grants

Children England is offering small grants of up to £2,500 to support good practice on equality and diversity by children and young people's organisations, and is also seeking examples of current good practice.

audie@childrenengland.org.uk

Tender opportunities

For the latest tendering opportunities in Tameside see our [Tenders page](#).

Youth Opportunity funds available

Youth Opportunity Fund (YOF) have been awarded £300,000 to fund young people's projects all over Tameside. If you are aged 13-19 living in Tameside and have ideas on how you or your group could spend some of this money let them know.



Your application needs to be something that will clearly benefit young people and/or provide activities or facilities for your community.

For more information contact Karen Dale for a chat, Tel: 0161 337 8316 or email karen.dale@tameside.gov.uk

Volunteering, local groups and networks

- **LINK needs your help!**
- **Tameside Elders Association have elected a new committee**
- **Take a group canoeing at WAC**

- **Age Concern is looking for trustees**
 - **Meet with other writers**
 - **Recycling boat trip and volunteering opportunities**
 - **You could be a Scout in Tameside**
-

LINK needs your help!

The Tameside Local Involvement Network (LINK) has been set up to give Tameside residents a way to have their say about how health and care services are run. During the past six months we have surveyed local people and asked what they think it's important for us to look at this year. We will be working on four priority areas:



- Access to GP services
- Access to NHS dental services
- Community based mental health services
- Having control of your social care services

If you have experience of these services and want to get involved we'd like to hear from you! We want to make sure our work includes the things that are important to people from across Tameside.

For more information please contact the LINK Team at T3SC on 0161 339 4985 email: tamesidelink@t3sc.org

Tameside Elders Association have elected a new committee



Tameside Elders Association

Supporting older members of the Asian community
- providing a place to socialise and keep active

Tameside Elders Association had their AGM on the 15 June 2009 and they elected new officers.



Goodbye to Mr Masud

A fairwell to Mr Mohammed Masud who has left Tameside Elders Association to stay with family abroad. We are very grateful for all his hard work contribution to the organisation as well as the wider community. We would like to wish him all the best in the future and hope he will come back to visit us.

Do you want to join TEA?

Are you 50+ and would like to get out and socialise and meet new people. Then why not become a member of Tameside Elders Association. We meet three days a week at Albion Church and Holy Trinity Community Centre.

For more information contact Ammer Ali email: ammer.ali@hotmail.co.uk

Tel: 0777 607 4002

Take a group canoeing at WAC

Water Adventure Centre has a few spaces left for groups to come canoeing over the summer holidays. A fun filled two hour session of canoeing and water games on the Ashton Canal in Droylsden costs £140 for up to 15 young people. Includes all equipment and a canoeing youth worker!



For more information contact Lilian Pons, Water Adventure Centre email:

wac.fun@zen.co.uk Tel: 0161 301 2673

www.wateradventurecentre.org.uk

Age Concern is looking for trustees

Age Concern Tameside is the largest third sector organisation in Tameside, with one clear objective – to make a real difference to the lives of older people and their families living in and around Tameside. By combining the unique strengths, skills, commitment and experience of our charity, retail outlets and trading company, we are in a



position to support older people in Tameside achieve health, quality of life and prosperity.

With a growing, ageing population, this presents challenges and also rewarding opportunities and to that end we are currently looking to recruit trustees who share our values and commitment to developing and sustaining high quality services.

For more information please contact Bernadette Ashcroft – Chief Executive Officer email: ashcroftb@ageconcerntameside.com Tel: 0161 308 5000

Meet with other writers

The Writers Reign is a local writers' circle which has been in existence for over 20 years. We were fortunate enough to recently obtain a grant from the Community Foundation for Greater Manchester for the specific purpose of enabling us all to attend the annual conference of the



**Community Foundation
for Greater Manchester**

National Association of Writers' Groups at Durham University in the first weekend of September. This will be of great benefit to us as a group and we're so grateful to them for giving us this opportunity.

Writers Reign meet on the first, second and third Monday of each month at the Labour Club, Acres Lane, Stalybridge, and would welcome new members of any genre or ability.

For information ring Mavis Bailey on 0161 338 6045 or email mavisbailey@hotmail.com

Recycling boat trip and volunteering opportunities with the Wooden Canal Boat Society



For the past 12 years the Wooden Canal Boat Society (WCBS) has been using their historic wooden boats for the benefit of the community of Tameside. On the first Sunday and Monday of every month everybody is to welcome to join in their regular recycling trips by boat, to collect donated goods from Droylsden. Goods are then recycled or sold in their charity shop at 173 Stamford Street, Ashton, to raise funds to restore the boats.

The Wooden Canal Boat Society has a new WCBS NVQ Project, funded by Tameside Council's Innovation Fund. Volunteers who wish to do so are given the opportunity to study for NVQ's, supported by the Training Coordinator. This is a valuable opportunity for people who want to improve their skills and chances of finding work in an increasingly competitive job market.

For more information on recycling trips or volunteering ring the WCBS on 0161 330 8422. www.wcbs.org.uk/

You could be a Scout in Tameside

Join over 1200 members at one of the 31 groups! From aged six onwards to adults there is something you can get involved in from being a Scout to being a leader.



If you require any Scout information contact Alan Fish Tel: 0161 330 0305, email: alan.fish@dsl.pipex.com OR visit www.scouts.org.uk/join

Training

- **T3SC September free Training Programme**
 - **Training for people working with children and young people**
 - **FREE Employment self advocacy workshops for working disabled people**
-

T3SC September Training Programme

Planning a marketing campaign

9 September, 10am-12pm

By the end of this session you will be able to see the different ways your group can market itself and produce a marketing campaign outline to use.

Measuring quality—PQASSO

16 September, 12pm-2pm

How do you know that you are good at managing your organisation? Can you PROVE to funders that you are good at providing the service you said you would provide?

There is a way to do this using a tool called PQASSO. Don't let the word PQASSO put you off coming to this two hour lunch and learn session. This is a good opportunity for you to find out about PQASSO and what the benefits may be to your organisation. PQASSO - Practical Quality Assurance System for Small Organisations.

A really useful session on how to write fantastic funding bids covering the key ingredients all funders want to know!

Top tips on funding applications

23 September, 12pm-2pm (Lunch and learn)

A really useful session on how to write fantastic funding bids covering the key ingredients all funders want to know!

Create a leaflet

24 September, 10am-12pm

Are your leaflets looking old and too busy, do you find it hard to know where to start? In this session you will identify what looks good and then create your own design for a leaflet for your group or event.

Where?

The sessions above will take place at T3SC, St Michael's Court, St Michael's Square, Stamford Street, Ashton-under-Lyne, OL6 6XN

To book contact Dawn or another member of Support and Development Team on 0161 339 4985 or email dawn.acton@t3sc.org

Training for people working with children and young people

Hear by Right Workshop

Manchester, 8 September

Hear by Right Workshops are designed to provide information about using the Hear by Right standards framework to draw up a map of current participation with children and young people in your organisation and create an agreed strategic plan for improvement.

The workshops are for all staff interested in or delivering children and young people's participation, including key participation leaders and senior management. Participants will hear about the Hear by Right standards framework and learn how to use the Participation Works Hear by Right Self-Assessment Tool.

Hear by Right, Your Questions Answered (Current Users)

Manchester, 9 September

This free session is aimed at anyone already using the Hear by Right standards and offers an opportunity to ask questions and seek advice about the use of Hear by Right in your particular setting. The session is a great opportunity to network and discover how to access other local Hear by Right and participation support.

Building a Culture of Participation

Manchester, 17 September

Building a Culture of Participation explores how an organisation's culture can be established to support children and young people's active and meaningful participation across the organisation. It is based on developing skills and knowledge in participation, involving self and organisational analysis as well as action planning. This course aims to equip individuals with basic theory and practical approaches to participation, to help them build a culture of participation.

To book a place, please visit www.participationworks.org.uk

For any enquiries, please call 0845 603 6725 or email
enquiries@participationworks.org.uk

**FREE Employment self
advocacy workshops for
working disabled people**
Tuesdays 1 Sept and 8 Sept, 6pm-
9pm at Ashton Fire Station, Audenshaw, Manchester M34 5WF



Are you a working disabled person?

If so, these sessions will:

- Help you to put your employment rights to good use.
- Share things that have helped other disabled people at work.
- Develop your negotiation and stress busting skills.
- Explore effective ways to resolve workplace barriers.

Participants must attend both sessions.

To book please contact Elaine or Keith at Breakthrough UK Tel: 0161 273
5412 Minicom: 0161 273 5727
email: advocacy@breakthrough-uk.co.uk
www.breakthrough-uk.com/selfadvocacy.shtml

Dates for your diary

- **Play Day - 9 August**
- **Open Studios at Woodend Mill - 8-9 August**
- **Medlock and Tame Valley Conservation Association events
- August to November**
- **Get fit this summer**
- **Event for young women and women youth workers at the
Water Adventure Centre - 23 September**

- **Afoxe Festival - Manchester - 1 August**
- **New Hurst Academy of Drama and Performing Arts - free starter acting tuition - 12 September**
- **One Extreme to the Other - play - 15 October (RSVP 3 Aug)**
- **ACEVO Autumn Conference: Modernisation in the Third Sector – Times are changing, are you?**

Play Day

Sunday 9 August, 11am - 4pm
Rain or Shine at Stamford Park
(Stalybridge)

It's free so give it a go. There will be adventurous activities for all ages and abilities!

- Den Building
- Climbing Wall
- Arts and Crafts
- Face Painting
- Back in time photo shoot
- Sports activities
- 0 - 5 area with Story Time
- Competitions/prizes and giveaways
- And much much more!



For more information please contact Liz.hughes@tameside.gov.uk

Open Studios at Woodend Mill

Saturday 8 - Sunday 9 August,
11am – 5pm each day at Woodend
Mill, Manchester Road, Mossley,
OL5 9AY

Event title: Cotton On: A creative exploration of the industrial heritage



of Mossley

Cost: Free to attend

Woodend Artists have an open studio weekend on 8-9 August. They are running a series of creative workshops in the local community using the cotton industry of Mossley as inspiration. The work created will be exhibited on the weekend. Woodend Artists have also created their own artwork in response to Woodend Mill and the cotton industry and will be exhibiting their work alongside the community artwork. Artists will also be opening their studios to the public and holding demonstrations throughout the weekend.

For more information contact Jacqui Symons Tel: 07801 837281

www.woodendartists.co.uk

Medlock and Tame Valley Conservation Association events

Medicinal Herbs and Home Remedies a talk by Judith Wood

18 August, 7.15pm in 5 Oaken Clough Terrace, Ashton-under-Lyne, OL7 9NY.

£2 per person admission including tea/coffee & biscuits.



Pond Dipping

12 September, 2.30pm in 5 Oaken Clough Terrace.

£2 per person including tea/coffee/juice/biscuits.

A great day for the family.

Birds of Medlock and Tame Valleys by Nick Martin

14 November, 2.30pm.

£2 per person including tea/coffee/biscuits.

Due to restricted parking please park at Oaken Clough end toward Oldham Road.

Get fit this summer



There are a number of ways to get fit Ashton-under-Lyne over the summer. Activities include keep fit, netball, belly dancing, yoga and badminton. There is also a stop smoking service.

As well as these there are healthy walks around Ashton. One and a half to two hour health walks aimed at people who want to become more active, meet new people and enjoy the outdoors. No special walking equipment needed.

Please wear correct footwear (boots or trainers) and clothing for the weather conditions. Walking can help you gain more stamina, energy, be more alert, help lower high blood pressure, cholesterol levels and help weight loss.

For further information please contact Azara Azam at The Health Improvement Team, Tel: 0161 343 8162, email:

Azara.azam@tameside.gov.uk

Event for young women and women youth workers at the Water Adventure Centre

Wednesday 23 September, 5pm-10pm

Using Feminist Web's archive and resources the volunteers' group and youth workers will run six local events across the North West (based in youth work settings, advertised through local and national media) to explore what body image means to young women.



WAC is one of these venues!

The young women (aged 13-25) at each event will contribute to:

- a film about young women's images of themselves/ their bodies
- a banner-making project
- a 'zine' all about the archive

- interviewing older feminist youth workers in their area
- a 'post'-feminist' postcard campaign to send to local/national decision makers to ask for what young women need to develop and maintain positive body images.

At the events we will also:

- do some work around what sexism/feminism is
- work with the staff who come to get them to think about and develop their own feminist youth work practice
- have a DIY challenge where young people and staff plan a feminist event, project or idea that they will take back to their own setting to carry out
- fundraise for the Monduli Community Education Fund for Girls in Tanzania
- and because its at WAC we will also canoe!

For more information contact Amelia Lee, Youth Participation Programme Coordinator ICA Tel: 0161 232 8444 email: ypp@ica-uk.org.uk

www.ica-uk.org.uk

or Lilian Pons, Water Adventure Centre email: wac.fun@zen.co.uk

Tel: 0161 301 2673 www.wateradventurecentre.org.uk

**Afoxe Festival -
Manchester
1 August, Manchester
City Centre**



CABASA Carnival Arts a Mossley based Community

Group (soon to be social enterprise) will be providing costumes for a Brazilian Carnival in Manchester. It will provide a unique peek into the world of traditional Brazilian Carnival with a modern twist.

This will be a night to remember, so come along and support our 80+ performers as we invite you to follow our vibrant drumming, dancing, singing, flower-giving, brass-blowing bloco from Piccadilly Gardens at 5pm, parading

down to Albert Square where we'll kick off the closing celebrations of the Manchester Jazz Festival at 6.30-7.00pm.

This event is free and a perfect evening out for families.

See www.global-grooves.org or www.manchesterjazz.com for further information.

CABASA Carnival Arts deliver workshops, training and support for community carnival groups throughout the North West and beyond. Since it's re-launch in 2009 it is already developing Carnival Arts for two large community groups working with over 1500 people per year.

For further information, please contact Leon Patel on 07771923185 or info@bangdrum.co.uk

New Hurst Academy of Drama and Performing Arts - free starter acting tuition

Saturday 12 September at Hurst Community Centre Kings Road Hurst

The Civic Mayor of Tameside will launch the opening of the Hurst Academy of Drama and Performing Arts at the Hurst Community Centre on Kings Road in Ashton. Lead tutor at the Academy is David Ambler, a local actor, who having studied at Oldham College went on to The University of Hull and attained a B.A. (Hons) degree in Theatre and Performance Studies.

A completely free workshop will be held for children aged of 8 to 16 between 2pm and 4pm and all are welcome to attend.

For more information ring 0161 330 0691 or 07926 076 296

email: david.ambler13@yahoo.com

www.hurstacademy.co.uk

One Extreme to the Other - play

Thursday 15 October 2009, 6.30pm for 7.00pm start (buffet included) -

New Charter Housing, Cavendish 249, Ashton-under-Lyne

On behalf of the Strengthening Communities Working Group and New Charter Housing, I am delighted to invite you to see GW Theatre's performance of 'One Extreme to the Other'. The play focuses on how violent extremism can affect all sections of the community and has won numerous awards throughout the Country. The play recently toured round secondary schools in Tameside as part of a Borough-wide approach to dealing with preventing violent extremism and was well received by both students and teachers.

More information can be found on GW's website www.extremenews.org.uk/

This will be the only community performance in Tameside this year and we would really encourage you to come and see it.

Please RSVP by Monday 3 August to sarah.collis@tameside.gov.uk

indicating how many places you would like to reserve. Tickets will be allocated on a first come first served basis.

**ACEVO Autumn Conference: Modernisation
in the Third Sector – Times are changing,
are you?**

The logo for ACEVO, consisting of the word "acevo" in white lowercase letters on a red rectangular background.

Liverpool, 24 September 2009

This conference will be an opportunity to explore the spectrum of challenges which face third sector leaders today. A volatile funding environment, a challenging fundraising arena and an increase in demand from clients, requires the third sector to be at the top of its game. Third sector leaders must be resilient and progressive in order to achieve high standards of governance, accountability and engagement on behalf of those it serves. The relationship between the chair and the CEO of a third sector organisation is crucial to success. www.acevo.org.uk

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